



Lives IN THE Balance

FOSTERING COLLABORATION • TRANSFORMING LIVES • INSPIRING CHANGE

TRAINING OPTIONS

Lives in the Balance offers schools and therapeutic facilities a variety of training options in Dr. Ross Greene's *Collaborative & Proactive Solutions* (CPS) model. We strive to ensure that your staff has an exceptional learning experience, and take pride in the affordability of the training we provide.

Introductory Training Options

If your staff is relatively new to the CPS model, Lives in the Balance provides **half- and full-day workshops**. These trainings provide a general overview of the CPS model (key themes, use of assessment instrumentation, and solving problems collaboratively), and can be provided either on-site or by webinar. For a more intensive introductory experience, we provide a **two-day introductory training** (this is typically on site). The addition of the second day allows for presenting video examples of the CPS model, along with greater opportunity for practice, processing, discussion, and questions. These introductory options are tailored to the needs of your building or facility. Pricing depends on format, length, and location of the training.

Advanced Training Options

Every summer in Portland, Maine, Dr. Greene conducts a three-day advanced training, co-sponsored by Lives in the Balance and Transdisciplinary Workshops. While this training involves open enrollment – and therefore is not tailored to the specific needs of your building or facility – the third day provides even greater opportunities for practice, processing, discussion, and questions.

Proficiency Training

The key to sustained implementation of the CPS model in a school or treatment facility is ensuring that there is staff that is proficient in the model. The goal of “building capacity” is typically accomplished through our proficiency training, in which a Lives in the Balance trainer works with 8-10 staff (known as the “core group”) from your school or facility over the course of 15 weeks. This training requires that participating staff practice the two key facets of the model (using the assessment instrument and solving problems collaboratively), submit their work to our trainer via Dropbox, and participate in a one-hour weekly or bi-weekly coaching session with our trainer so as to receive feedback. This is the best way to help staff become proficient in the CPS model so they can then participate in training others in the school or facility. Participants receive feedback on their individual submitted work, but also benefit from hearing the feedback being provided to other core group members.

It's not our goal to train all staff members in your school or facility – that would be quite costly – but rather to help members of the core group achieve a level of proficiency that permits them to participate in spreading the model. While the core group should consist of a cross-section of administrators and classroom teachers/line staff, the key prerequisites for participants are (a) an open mind, (b) a willingness to practice the model between sessions, and (c) the courage to receive feedback in a group format.

We would be delighted to discuss the above options and provide pricing information by phone. Please contact our Director of Administration, Training, and Conference Planning, Liz Rudman, at liz@livesinthebalance.org.